

Dining and Activities

Breakfast is served in the patient's room. A dining room is available on 3rd floor for residents to eat lunch and dinner (no dining room is available on 2nd floor). Family members may bring trays from the Cafeteria and eat with their loved ones. Some residents who are in isolation may not be able to come to the dining room due to infection control issues.

Therapies

Our goal is to make your recovery speedy and pleasant. Depending on your doctor's orders, you might be receiving



Physical Therapy (PT), Occupational Therapy (OT), and/or Speech Therapy (ST).

OT/ST are typically once per day and PT is twice daily. If you receive one or more therapies, parts of your day will be quite busy. We allow for periods of rest so that you will gain the most benefit from your therapy sessions. There is one PT session on Saturday morning. There are no therapy sessions on Sunday or holidays, except in a rare circumstances. We view Sunday as a time for family visits and a rest day for residents.

Activities

We have an activity director who will provide you with many diversions including music, newspapers, puzzles, crafts, etc.

We welcome visitors and pets. Our staff feels these visits enhance your recovery. We do ask that pets are clean, well-behaved and under control by the handler. A physician's order giving permission for a pet to visit must be in the patient's chart. Please refer to the "Animal Visit" handout for specific guidelines.

We encourage families to take residents out to one of the gardens, weather permitting, or to the Atrium for a change of scenery—as your condition permits. Passes to go outside the facility are permitted in accordance with your doctor's permission.

Special Circumstances

Patients in the Swing Bed Program on 2nd floor are subject to transfer to the Distinct Skilled Bed Unit on 3rd floor if patient census dictates. Your physician's family will be contacted prior to your transfer. We appreciate your understanding and cooperation when this occurs. If you have questions or concerns, please talk with your nurse.



Swing Bed Program

A level of care that provides skilled nursing care or skilled rehabilitation services.



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The Swing Bed Program

Swing Bed or Certified Skilled Nursing is a level of care that provides patients with skilled nursing services or skilled rehabilitation services. Both levels of care are performed under the supervision of a registered nurse, and a licensed physical, occupational or speech therapist. Daily skilled services are provided on an inpatient basis.

Our Swing Bed Program is certified in accordance with federal, state and local regulations. Patients may only be admitted through a recommendation from their attending physician.

The goal of the program is to provide a therapeutic atmosphere that assists patients with self-care and helps them with independent functioning. The Boone County Hospital philosophy of care for patients participating in the program includes, but is not limited to:

- Patient assistance designed to provide comfort and support.
- Patient and/or family education to assist patients in attaining a maximum degree of independent functioning.
- Emotional and spiritual support for the patient regardless of race, color, national origin, creed, sex, disability, or age.
- Planning of care to coordinate the patient's medical regimen, nursing care and rehabilitative services.

The goal of the Swing Bed Program is to provide a therapeutic atmosphere that assists patients with self-care and helps them work toward independent functioning.

Patient Care Guidelines

- Patients are given a bath/shower at least three times per week, if your condition warrants. Alternative methods of bathing will be provided on other days.
- Patients are encouraged to dress in their own clothes and be up and active as much as possible.
- Bed linens are changed at bath time and as needed.
- Vital signs such as temperature, pulse, respiration, and blood pressure will be taken a minimum of three times per week.
- Patients receive oral hygiene or mouth care each day.
- Physicians visit patients each week or as often as needed. Between visits, the nurse will keep the physician updated.
- Care conferences are held weekly for each patient. Patients and/or family members are encouraged to attend. Goals are reviewed and updated by staff at each conference.



Items to Bring to the Hospital

- Three to four comfortable outfits (sweat pants/shirts work well). The family is responsible for keeping clothes laundered. The hospital's Laundry Department will launder dirty clothes in an emergency-type situation. The hospital is not responsible for lost or damaged articles sent to the laundry.
- Comfortable, well-fitting, stable shoes (i.e. tennis shoes).
- Toiletries (i.e. toothpaste, toothbrush, denture cleaner and paste, deodorant, personal cosmetics, or grooming items as desired and appropriate).
- Incontinence supplies, including pull-up briefs, underwear pads, etc.
- Hearing aid batteries.

Personal Grooming

Every Thursday morning Auxiliary volunteers are available to do residents' hair. They can wash and set your hair; there is no charge for this service. Donations are accepted to help in purchasing hair supplies.

