

Community Newsletter

BCH Donates Building to YMCA

In 1989, Boone County Hospital (BCH) purchased the YMCA facility located at 608 Carroll Street, Boone. At that time, the local YMCA was having financial difficulties and were in need of support to keep the wellness entity open. In keeping with BCH's mission of "improving our community's healthcare," the hospital took the initiative, purchased the building, and changed the name to Heartland Health Center.

The Heartland name remained in place until 2004 when the hospital and community leaders from the Boone area approached the YMCA of Greater Des Moines and proposed the idea of converting Heartland into a full service YMCA. On September 1, 2005, the facility was leased to the YMCA of Greater Des Moines and became the Boone County YMCA.

"The YMCA has done a tremendous job of operating the facility and fulfilling their mission," says Joe Smith, BCH CEO. "They made a long-term commitment to their success and to the Boone community. Therefore, we are pleased to announce, BCH has donated the facility to the YMCA of Greater Des Moines."



Smith says the YMCA made a request to BCH earlier this year for the donation of the building. "We are very appreciative of the support of Boone County Hospital," says YMCA President/CEO Vernon Delpesce. "We will continue to improve the facility and offer

valuable programs for all ages, creating a great resource for the children and families of Boone County."

Pictured: Boone YMCA Executive Director Vicki Greco and Joe Smith, BCH CEO

Rehab Changes Benefit BCH



At Boone County Hospital (BCH), Rehabilitation Services provides a comprehensive approach to rehabilitation for patients of all ages. From physical, occupational and speech therapy, Rehab Services offers a variety of services that are customizable to each individual's goals and needs. The Rehab Services staff helps each person recuperate and rehabilitate so they can return to a comfortable lifestyle.

Since summer, BCH Rehab

Services has undergone some positive changes. In addition to adding new staff, several local sports programs have been enhanced, and the ground work for a new incontinence therapy program is in the works.

To BCH patients, the most noticeable changes are the new faces. The addition of a new physical therapist (PT) brings the number of PTs to five full-time, one part-time. In her new role, Chandi Jayawardene,

DPT, will focus on geriatrics including inpatient and home nursing care. She is working on developing an incontinence program that will be implemented in early 2011 as part of a new women's health program. According to Rehab Services Director Tony Mack, the incontinence therapy program is a service they have wanted to implement, so they are happy to have a women therapist on board that is knowledgeable in that type of therapy.

Other new staff includes Tina Koller, OTR (registered occupational therapist). She joins Katie Eatock, OTR, and will be providing therapy to inpatients, nursing homes and home care patients. The addition of a second full-time therapist will greatly benefit BCH.



Pictured, Rehabilitation staff, back row: Katie Eatock, OTR, Jake Stotts, DPT, Brian O'Tool, PT, Tom Schaefer, PT, Tony Mack, PT; middle row: Tina Koller, OTR, Chandi Jayawardene, DPT, Sherry Katch, Secretary, Angie Walsh, PTA, Tricia Carlson, PTA; front row: Paula Madsen, CCC-SLP, Michele Newbold, Secretary, Juli Harberer, Tech, Amanda Josephson, PTA, Deb Hanson, Tech; missing: Jill Anderson, PT, Nora Anderson, CCC-SLP

Boone County Family Medicine

Providing Quality Care

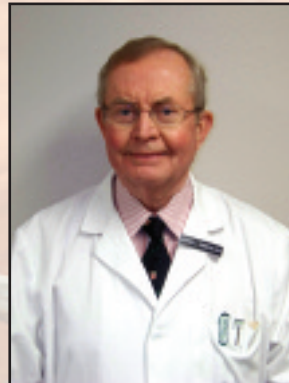
The Rehab Department could not run without exceptional support staff. New faces at the front desk are Sherry Katch and Michelle Newbold.

Paula Madsen oversees Speech Therapy which continues to provide high quality speech/pathology therapy coverage.

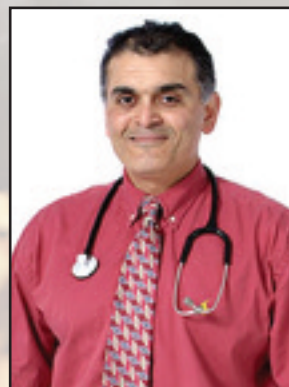
Rehab Services has enhanced local sport programs by providing athletic rehabilitation for the athletes at the Des Moines Area Community College, Boone, and screening game coverage at the Boone High School sporting events. Both partnerships began at the beginning of the new 2010 school year. The DMACC coverage makes it more convenient for student athletes to stay in town to receive their therapy. At the fall football games for Boone High, side line coverage was provided by Jake Stotts, DPT, with Tony Mack, PT, assisting. Due to the fact that there are several sporting events each season, Rehab Services will be communicating with the Boone High Athletic Director on how to best assist Boone athletes in the future.

“Tom Schaefer, PT, and I, are always trying to improve our services for Boone County residents,” says Tony. “Providing skilled rehab services to Eastern Star Home and Evangelical Free Church Home, and increasing our number of visits to Home Care patients has assisted residents in obtaining a more independent lifestyle. We are very fortunate to have such high quality rehab services staff.”

At Boone County Family Medicine (BCFM), providing quality care is the number one priority. Over the past year, Boone County Hospital (BCH) Administration, the doctors at BCFM and a recruiting firm, have been working diligently to find two exceptional doctors that would be willing to move to Boone to join the BCH Medical Staff as well as the Boone community. In the interim, BCFM has been fortunate to have two excellent doctors filling in and providing care for Boone



Dr. Doenecke



Dr. Gore

County residents. Arthur Doenecke, M.D., and Malhar Gore, M.D., are both from central Iowa, and have been filling in until additional doctors have been hired on a full-time basis.

Dr. Doenecke, who is retired and lives in Clive, is

working in the clinic on Wednesdays and Fridays. Dr. Doenecke attended the Royal College of Surgeons in Dublin, Ireland. He practiced in Lancaster, Pennsylvania, for most of his career, and later moved to Eagle Grove, Iowa, to work in a family practice clinic. In addition to filling in at BCFM, Dr. Doenecke also volunteers one afternoon a week at the La Clinica Latina, a Spanish-speaking clinic in Des Moines.

Dr. Gore is working at BCFM as needed. He lives in Ames and is a full-time physician at the Iowa State University Thomas B. Thielen Student Health Center; he has worked there since 1994. Dr. Gore enjoys providing sideline/on-field medical assistance for various Big 12 sporting events, and refereeing and coaching for the Ames Soccer Club. Dr. Gore received his Medical Degree from the University of South Florida College of Medicine.

The current medical staff at BCFM includes: Drs. Frank Downs, Caleb Glawe, Eric Peterson, Jerald Phipps, Scott Thiel and Richard Vermillion. Nicole Goliber, Physicians Assistant (PA-C) is in Boone on Thursdays; Kris Shaver, PA-C, is in Boone on Monday and Wednesday mornings.

Boone County Family Medicine looks forward to serving the Boone community. To schedule an appointment at BCFM, call 432-2335.

Specialty Clinic Offers Infusion Services

Boone County Hospital (BCH) is pleased to announce Heather Addy, BSN, RN, BCH Specialty Clinic Director, was among 104 registered nurses who passed the Infusion Nurses Certification Corporation's (INCC) Certified Registered Nurse Infusion (CRNI) examination earlier this year. Heather now has the expertise and knowledge needed to provide advanced intravenous therapy. There are currently 3,265 CRNIs in the United States; two of them are now at BCH (the other is Sandy Linn, MSN, RN, Emergency Services Director).

Heather became a member of the Infusion Nurses Society in 2009, and is also a member of the Oncology Nurses Society. "What better way to offer the best quality care to my patients as well as to the community by becoming an expert at what I do," says Heather. Heather gives a variety of infusions ranging from vitamin B12 injections, IV fluids for dehydration, nausea and vomiting, to very complex infusions like chemotherapy.

The CRNI exam tests the knowledge of registered nurses with infusion nursing experience. The content of the exam is based on nine core areas: technology and clinical applications, fluid and electrolyte balance, pharmacology, infection control, antineoplastic/biologic therapy, parenteral nutrition, performance improvement, transfusion, therapy and pediatrics.

Nursing involvement in the

practice of infusion therapy has become a highly specialized practice. During the last 60 years, the role of the nurse in infusion therapy has evolved tremendously. The 21st century infusion nurse is responsible for integrating the holistic principles of medicine and nursing, management, marketing, education, and performance improvement into the patient's plan of care.

The CRNI credential is approved by the Accreditation Board for Specialty Nursing Certification—the standard-setting body for specialty nursing certification programs. The CRNI credential is the only nationally accredited certification in infusion nursing.

The growth of the infusion nursing specialty continues with the advances in pharmacology and technology. As new biologic agents whose method of administration is via infusion continue to increase, so



too will the infusion nurse's role. And, as that role strengthens and grows, INS will remain committed to providing the educational opportunities and resources to support their members and the specialty.

Heather is available to give infusions Monday through Friday from 8 a.m. to 4:30 p.m. If you have questions or would like to schedule an appointment for your infusion, call 433-8300.

Pictured: Heather Addy, Specialty Clinic Director, starts an IV site for an infusion on patient Sherryl Dighton

New Roles

Two BCH Administrators Take on New Responsibilities

Joe Smith, Boone County Hospital CEO, has been selected as the Iowa Hospital Association (IHA) Board of Trustees Chair. In this role, Joe's primary responsibility will be to preside over meetings of the IHA Board, which provides general direction to the association and ensures its financial viability.



There are 21 members of the Board and they meet six times a year. Joe will also serve as Master of Ceremonies at certain IHA events. Joe's term is for one year.

Joe has been CEO at Boone County Hospital (BCH) since 1993 and on the IHA Board since 2002. In 1999, he received the Young Executive Achievement Award from IHA. Born in Waterloo and raised in Des Moines, Smith earned his bachelor's degree from Iowa State University and holds graduate degrees in Health Care Administration and Business Administration. In Boone, he is on the Board of the Des Moines Area Community College Foundation and also serves on the Hospice of Central Iowa Board. Smith is the current chair of the IHA Council on Education and Member Services, is a member of the Iowa e-health Executive Committee and is a Fellow on the American College of

Healthcare Executives.

"The IHA is an advocate and resource for hospitals in the state, particularly during these rapidly changing times. The association advocates for hospitals both at the state level and national level and has been instrumental in passing very important legislation such as the Critical Access Hospital program that has been vital in the success of Iowa's hospitals, as well as Boone County Hospital," says Joe. "IHA also provides education to our hospital staff that enables us to improve the quality of care we provide to our patients. It has been my pleasure to work with the IHA staff during my 25-year career in hospital administration in Iowa. It's an even greater pleasure and honor to serve as the association's chair this year."



Laura Krieger, RN, BSN, CNOR, is the new Assistant Administrator of Nursing Services. Laura replaces Sandy Puntteny who retired this past summer. In her new role, Laura will oversee all inpatient nursing departments, Cardiac Rehab, Surgery, Emergency Services, Ambulance, House Supervisors, Infection Control/Employee

Health, Professional Development, and Utilization Review.

Laura has worked at BCH for 12 years in the Surgery Department, and has been the Surgery Director for five and half of those years. Prior to that, she worked in surgery at Greene County Medical Center, Jefferson, and in the Post-Surgical Unit at Iowa Methodist Medical Center, Des Moines. She graduated from the Iowa Methodist School of Nursing, and obtained a Bachelor's of Science in Nursing from the University of Iowa. Currently, she is working on her Master's of Science in Nursing through Loyola University.

"I look forward to working with physicians, the nursing departments, collaborating with the great staff and providing the best patient care possible," says Laura. "Healthcare is about change and I continually embrace this by looking beyond what I see and focusing on what I imagine healthcare at BCH to be."

BCH Volunteer Auxiliary

Playing a Big Role at BCH

Boone County Hospital is very fortunate to have a very active Volunteer Auxiliary. From October 2009 through September 2010, the Auxiliary contributed over \$30,000 to help with the valet service, new air conditioning, the Family Birth Center remodel, a new communication system for the nursing floor, a Wii game system for Beckwith Family Adult Day Services, and toys for children in the hospital. From 1957 through September 2009, the Auxiliary made a financial contribution of \$375,727 to BCH. In addition, over the past year, they have given \$1,200 in scholarships.

At the Annual Fall Auxiliary Meeting in October, volunteers were recognized for their years of service. Those recognized were: 500 hours—Marj Betten, Janice Clark, Laurie Greiner, Shirley Stanley, Dee

Williams; 1,000 hours—Chris Branstad, Jan Johnson; 1,500 hours—Dena Bloodsworth, Pauline Hora; 2,000—Dani Kepler, Ethel Morgan; 3,500—Ruth Bryant, Connie Kruck; 4,000—Jean Iben; 4,500 hours—Joyce Gragg; 5,500—Ruth Helm; 6,000 hours—Avenelle Olson; 8,500—Dorothy Huffman.

Upcoming Auxiliary events:

- **Annual Festival of Trees**, November 6 through the 27th, BCH Atrium. Bid on a large assortment of Christmas trees and wreaths through a silent auction.
- **Sheet Sale**, December 2, 9 a.m. to 7 p.m., BCH Atrium. Sheets include 1200 and 800 count Egyptian Comfort Sheets, \$35 and \$20. All sizes and various colors available. All proceeds will benefit Boone County Hospital.

About This Publication

The *Community Newsletter* is published three times a year for residents of Boone County by Boone County Hospital.

For more information about the newsletter, please contact the Boone County Hospital Public Relations and Marketing Department at (515) 433-8475 or lschmidt@boonecountyhospital.com.

Visit Us on the Internet

Learn more about Boone County Hospital's programs and services, and physicians at www.boonehospital.com.

Opportunity for Support

Your contributions can help BCH care for those who come to us at every stage of life. Charitable giving to support Boone County Hospital has played a significant role in shaping our hospital. To learn more, contact the Boone County Hospital Foundation at (515) 433-8470 or visit our website at www.boonehospital.com and click on Foundation.





To *your*



HEALTH



Programs & Services



Anticoagulation Management Service

Monday, Tuesday & Thursday, 8:30 a.m. to 4:30 p.m., BCFM. This service is offered to patients taking Coumadin. To schedule an appointment, call Boone County Family Medicine, 432-2335.

Baby Care 101

Obstetric nurses cover topics such as bathing, safety & newborn care. This free class is for parents in their 7th or 8th month of pregnancy. Call the Family Birth Center at 433-8400.

Beckwith Family Adult Day Services

Open Monday through Friday, 8 a.m. to 4:30 p.m. The program offers a home-like environment with fun activities, noon meals & individualized care for adults 55 years of age & older. Call 432-2275.

Big Brother/Big Sister

December 15, 6:30 p.m., BCH 4th Floor Conference Room. This free sibling class helps children prepare & accept the arrival of a newborn. Call the Family Birth Center at 433-8400.

Blood Pressure Checks

Every Friday, 8 a.m. to Noon, Specialty Clinic, BCH.

Boone Community Blood Drive

November 15, 1 to 6 p.m., Boone Senior Citizen Center. Sponsored by the Boone County Hospital Auxiliary.

Boone County Nutrition Programs

Boone County provides meals to individuals 60-plus & older throughout the county. For more information, call 432-1127.

Breastfeeding Class for First Time Moms

This free class is taught by a breastfeeding educator who will help you prepare for breastfeeding & the arrival of your new baby. Call the Family Birth Center at 433-8400.

CPR Classes

CPR classes are provided as requested. Call 433-8190.

Car Seat Safety Checks

Second Tuesday of every month, 4 to 8 p.m., BCH. If you would like a car seat safety technician to check your child's car seat & install it correctly, call 433-8196.

Childbirth Preparation Class

November 13, 8 a.m. to 4 p.m., 4th Floor Conference Room, BCH. This free childbirth preparation class is for mother's in their last trimester & their significant other. To register, call 433-8470.

Diabetes Education Classes

If you have diabetes & would like to attend our education classes, please talk to your physician about referring you to the Boone County Hospital Diabetes Center. Call 433-8624.

Diabetes Support Group

November 18, 4 p.m., BCH 4th Floor Conference Room. The topic will be "Health: You Can't Separate the Mind from the Body" presented by William Martin, PhD, Clinical Psychology.

Educating & Empowering U

November 16, 5 p.m., BCH 4th Floor Conference Room. Dr. Tammy Chance, BCH ER Medical Director, will speak on "How to Prepare for an Unexpected ER Visit." Dinner provided. Call 433-8470 to register for this free program.

Family Birth Center Tours

Call the Family Birth Center at 433-8400 for a tour.

Festival of Trees

November 6 through 27, BCH Atrium. Bid on a large assortment of trees & wreaths through a silent auction.

Gifts Galore Gift Shop

Open Monday to Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 4 p.m., & Sunday 11:30 a.m. to 3 p.m.

Home Care Services

Provides a wide range of home care and health promotion programs. For more information, call 432-1127.

Hospice Rooms

Family and Friends Patient Comfort Rooms are available for individuals diagnosed with a life-limiting illness.

Lab Wellness Profiles

Offered seven days a week, 6:30 to 10:30 a.m., BCH Lab. Seven different blood tests are available. Cost is low; no insurance filed. Call 433-8170.

Outpatient Nutritional Services

A BCH dietitian can provide you with a nutritional needs assessment, help you develop healthier eating habits, plan healthy menus & lose weight. For an appointment, call 433-8624.

Sheet Sale

December 2, 9 a.m. to 7 p.m., BCH Atrium. Sheets include 1200 & 800 count Egyptian Comfort Sheets, \$35 & \$20. All sizes and various colors available. Sponsored by the BCH Auxiliary.

SHIIP

A SHIIP (Senior Health Insurance Information Program) volunteer is available to assist you with your Medicare Prescription Drug Plan. To schedule an appointment, call 432-1127.

Valet Service

Monday through Thursday, 8 a.m. to noon and 1 to 3 p.m., Friday, 8 a.m. to noon.

Vestibular Rehab

If you have ongoing problems with dizziness or instability, ask your doctor about a referral to Vestibular Rehab. Call 432-7729.



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Visit the Boone County Hospital web site at www.boonehospital.com

BOONE COUNTY HOSPITAL

- Joe Smith, CEO433-8481
- Main Number432-3140
- Beckwith Family Adult Day Services432-2275
- Boone County Family Medicine Boone432-2335
- Ogden275-2417
- Boone Orthopedic Center ..433-8500
- Business Office433-8142
- Cardiac Rehab433-8120
- Comprehensive Specialty Care433-8700
- Diabetes Education433-8624
- Family Birth Center433-8400
- Foundation433-8470
- Gifts Galore Gift Shop433-8180
- Home Care Services.....432-1127
- Madrid Family Practice Clinic795-4300
- Medical/Surgical433-8230
- Rehabilitation Services:
Occupational Therapy433-8686
Physical Therapy432-7729
Speech Therapy433-8625
- Sleep Disorders433-8260
- Specialty Clinic433-8300
- Wound Clinic433-8337

BCH MEDICAL STAFF

- Anesthesia**433-8358
- Rebecca Clark, CRNA, MS, ARNP
- Larry Lee, CRNA, ARNP
- Clinical Psychology**
- William Martin, Jr., Ph.D.433-0343
- Emergency**433-8150
- Tammy Chance, D.O.,
ED Medical Director
- Rick DesCamps, D.O.
- Brent Liebert, M.D.
- Timothy Peterson, M.D.
- Family Practice**
- Frank Downs, M.D.432-2335
- Caleb Glawe, M.D...432-2335 (Boone)
.....275-2417 (Ogden)

- Brian Mehlhaus, M.D.432-4444
- Laura Moeller, M.D.432-4444
- Sascha Parsons, M.D.....432-4444
- Eric Peterson, M.D.432-2335
- Jerald Phipps, D.O.432-2335
- Scott Thiel, M.D.432-2335
- Alexandra Vander Meide, M.D.
.....432-4444
- Joel Vander Meide, D.O.432-4444
- Richard Vermillion, D.O.275-2417
- Paul Volker, M.D.432-4444
- Nicole Goliber, PA-C
.....432-2335 (Boone)
.....795-4300 (Madrid)
- Kris Shaver, PA-C432-2335

General Surgery

- Richard Unger, Jr., D.O.433-8500

OB/Gyn

- Tracey McIntire, D.O.432-7766

Orthopedic Surgery

- James Mueller, M.D.433-8500

Pathology

- John Cook, M.D.....433-8173

Radiology

- Tom Gleason, D.O.433-8160

BCH OUTREACH SERVICES

General Surgery

- Jeffrey Maire, D.O.433-8500

Podiatry

- Todd Miller, D.P.M.432-7766

Ophthalmology

- Nicolas Hamouche, M.D.239-4460

BCH SPECIALTY CLINIC PHYSICIANS, 433-8300

Allergy

- Jay Brown, M.D., McFarland Clinic

Audiology

- Kent Weaver, AuD, Woodard Hearing Center
- Lisa Gardner, MS, CCC-A, Mercy ENT

Cardiology

- Jeffrey Boyd, M.D., Iowa Heart
- Jennifer Britten, ARNP, Iowa Heart

Dermatology

- Kathy Cook, M.D., Skin Solutions Dermatology

Ear, Nose, Throat

- Matt Morgan, M.D., Mercy ENT

Nephrology

- Jacob Alexander, M.D., McFarland Clinic
- Robert Smith, D.O., Associates in Kidney Care, PLC

Neurology

- Michael Kitchell, M.D., McFarland Clinic
- Seldon Spencer, M.D., McFarland Clinic

Oncology

- Joseph Merchant, M.D., McFarland Clinic

Ophthalmology

- Daniel Vos, M.D., Wolfe Eye Clinic

Orthopedic Surgeons

- Craig Mahoney, M.D., Iowa Orthopaedic Center
- Daniel McGuire, M.D., Iowa Spine Care
- Brian Haults, PA-C, Iowa Orthopaedic Center

Pain Management

- Thomas Klein, D.O., Metro Anesthesia and Pain Management

Podiatry

- Charles Gilarski, D.P.M., McFarland Clinic
- Mark Wetzel, D.P.M., Foot & Ankle Center

Physical Medicine and Rehab

- Todd Troll, M.D., Iowa Clinic

Plastic/Reconstructive Surgery

- Kyle Ver Steeg II, M.D.

Pulmonary Medicine

- Greg Hicklin, M.D., The Iowa Clinic
- Katrina Guest, M.D., The Iowa Clinic
- Steven Wanzek, M.D., McFarland Clinic

Urology

- Brian Gallagher, M.D., The Iowa Clinic

Vascular Surgery

- Doug Massop, M.D., Iowa Clinic