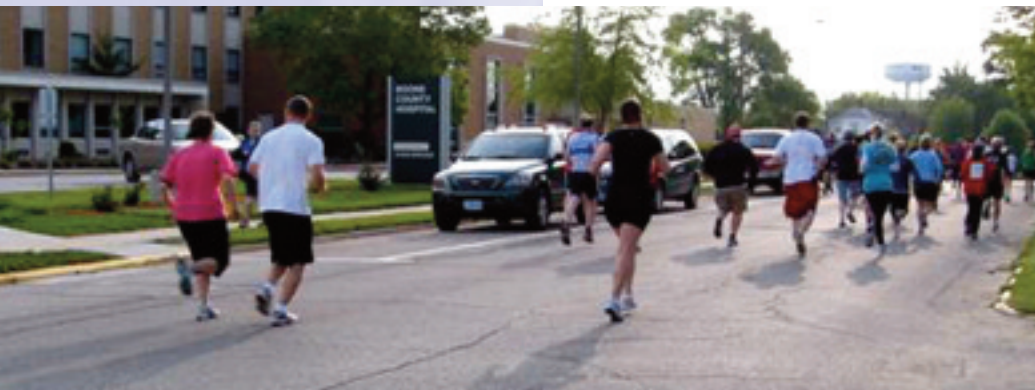


# REFLECTIONS

*A Legacy of Giving*



## 1st Annual Duathlon



Road ID, and Skunk River Cycles.

“Boone County Hospital has been looking for an event that would promote wellness within the community,” says Sara Behn, BCH Foundation Director. “We didn’t want to exclude runners or bikers, so a Duathlon seemed to be a great way to capture both. It was also important that we include people of all abilities so we allowed teams of two or three people to share in the event.”

Watch for the 2nd Annual Duathlon in the Spring of 2011!

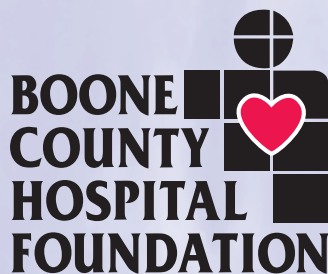
*...Continued on back cover*

The 1st Annual Duathlon event hosted on May 16th by the Boone County Hospital Foundation was a huge success. A Duathlon is similar to a Triathlon except instead of swimming as the first event, it is a run, bike, run event. For the hospital’s event it was a two mile run, 14 mile bike ride, followed by another two mile run again.

The event drew 63 participants from central Iowa; one participant was from Illinois. The weather cooperated and brought a cool, dry morning. Participants enjoyed good music, healthy food from Hy-Vee and fanfare from the roadside.

Sponsors included the BCH Foundation, City of Boone, Hy-Vee, Hospice of Central Iowa, Anytime Fitness, Boone County YMCA, Bike World, The Bike Barn,

*Pictured, above left: the start of the Duathlon; below: Brent Hauser, Jim Pratt, Becky Pratt*



1015 Union Street, Boone  
(515) 433-8470  
www.boonehospital.com

# 11th Annual “Best Ball” Golf Tournament



**August 3rd  
11 a.m.  
shotgun start  
Cedar Pointe  
Golf Course,  
Boone**

Registration begins at 10 a.m. with an 11 a.m. tee-off and sack lunch; a hamburger dinner and awards ceremony will be held at 4 p.m.

Sponsorship opportunities are available. For more information or to request a registration form, please call Sara Behn, (515) 433-8470 or e-mail her at [sbehn@boonecountyhospital.com](mailto:sbehn@boonecountyhospital.com). Online registration is available until July 23rd or until full at [www.boonehospital.com](http://www.boonehospital.com).

## Welcome New Board Members

### Becky Roorda

Becky Roorda is a new member on the Boone County Hospital (BCH) Foundation Board. She lives in Madrid with her husband of 18 years, David Johnson. Becky plays some large roles in the Madrid and Boone areas which include Chairperson, Madrid Local Bike Trail Group; Chairperson, Madrid Action Committee; Chairperson, Madrid Community Endowment; and member, Boone County Conservation Board.

Becky is excited to be a part of the BCH Foundation Board. She says she got interested in the Board when members she respected asked her to join. Becky is pleased with the facilities at Boone County Hospital. “It is easy to get around and the hospital has very caring staff,” she says. By being part of the Board, Becky wants to help make the hospital the best it can be. She says, “I’m ready to get my feet wet and look forward to the future as a member of the Boone County Hospital Foundation Board.”



### Gabe Bowers

Gabe Bowers is a recent addition to the Boone County Hospital (BCH) Foundation Board. He was selected early in his Board “career” to be the Secretary/Treasurer for the Board. Gabe lives in Boone with his wife Stephanie who works for Home Care Services of BCH. They have two boys—Cole is 3 years old and Ryan is 6 months old.

Gabe is an active member in the community. He is a member of the Chamber of Commerce Board,

former President of the Kiwanis Day Breakers, and has been a youth mentor for five years. Gabe says, “I am honored to be part of the Boone County Hospital Foundation Board. It is nice to have the BCH specialty services and facilities, and especially nice to have the convenience of a great hospital right in town.” He wants to help the hospital strive and continue to make improvements. “I am excited for the potential fundraisers and getting awareness out to the community about the qualities of Boone County Hospital.”

# Specialty Clinic Donation

The Boone County Hospital (BCH) Specialty Clinic provides care from area physicians who specialize in a variety of services including cardiology, dermatology, nephrology, oncology, and more.

With so many services available and a large number of patients being seen in the clinic on a daily basis, it's no wonder the equipment and furniture get a lot of wear and tear. So, when Heather Addy, Specialty Clinic Director, was asked what she would like to replace, it was no surprise she said a transfusion chair.

In 2010, Heather received her new transfusion chair. And, it was no ordinary chair. It had meaning for the donor and staff, as well as the patients that are using it.

Over the past several years, a well-known community member and BCH patient, Robert (Bob) Schaub utilized the "old" chair frequently. His wife, Jeannine, who made the

generous chair donation says, "Bob received the best possible care at Boone County Hospital. He found kindness at every turn and special comfort in the Specialty Clinic and the Special Care Unit. He sat reading his newspapers through uncounted hours of infusions in that "old" chair."

Jeannine talks about their experiences at BCH. "The valets offered cheery greetings and the cafeteria workers sent Bob extra cups of coffee, she says. "His oncologist Dr. Merchant and nurse Pam Luna let him know he was more than a number on a page. Clinic director, Heather, and her associates offered heartfelt concern. Those who "poked" him with needles in the Emergency Room and caregivers throughout the hospital treated him with respect." She adds, "At Boone County Hospital, he was offered friendship, and yes, love."

"The previous chair was over 10 years old and in desperate need of an upgrade," says Heather. "This infusion chair is used for multiple purposes many times a day including injections and saline, chemotherapy and blood infusions."

The chair has made a difference for the clinicians and patients who use it. "It is more comfortable, user-friendly and aesthetically pleasing," says Heather. "Many patients have commented on how much better it is."

"Bob would have appreciated knowing the chair his friends and family made possible will make life a bit easier for patients in the Specialty Clinic," says Jeannine.

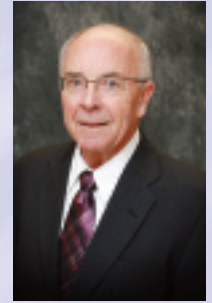
*Pictured: Bob and Jeannine's son, Will, and grandson, Liam*



# Hidden Treasure

I believe Boone County Hospital (BCH) is a treasure.

Come to the hospital Atrium on a Monday morning and see the activity in the Specialty Clinic, the Lab and Rehab Services.



Gary D. Paulsen, Foundation Board Member & Past BCH Patient

The BCH Medical Staff deal with their patients in a professional, and friendly manner. Each patient receives explanations of their care and on a one-to-one basis.

If you are in the market for a place that serves quality food, the BCH Cafeteria is outstanding. It's not uncommon to see a "coffee group" or two in the Cafeteria each morning. Dietary prepares Meals on Wheels for Boone County residents, as well as meals for the patients, staff, and visitors.

Where else does one find valet parking, volunteer greeters and a gift shop at the main entrance?

Patient Registration personnel are there to greet you, check you in and guide you. And, seven days a week the housekeeping staff is there doing their part to make the environment neat and clean.

The success of this rare "gem" is a result of the dedicated staff along with the support of the Foundation Board. The Board provides financial assistance to update equipment and programs. As Boone county residents, we need to keep informed of what is taking place at BCH. Let's work together to promote BCH as a "gem" in central Iowa.

# Making Things Happen

At Boone County Hospital, we are making things happen. I cannot say that I am an expert at anything, but I have had the good fortune in life of finding my niche in what it is I like to do, and that is to make things happen. Luckily, I also get the joy of seeing the results of those efforts come to fruition. As I get older, I have noticed we all seem to fall into a daily pattern. Some of these comfortable routines help us endure the most difficult times in our life, such as a hospital visit.

At hospitals everywhere, patients are simply trying to get through the day with the hope of healing. Perhaps there is one thing they enjoy as part of their daily routine such as a cup of coffee, reading the newspaper, or eating a toasted peanut butter and jelly sandwich that makes the difference.

Our responsibility at Boone County Hospital (BCH) is to offer those daily comforts to our patients and visitors.

The BCH Foundation's goal is to help provide resources to purchase equipment, programs or services that would otherwise not be possible. Our donors are helping us reach our mission with their thoughtful and generous donations. Over the past year, we have helped purchase a hospital wide communication system, an employee wellness program and fitness room, written grants that have brought over \$25,000 to Foundation projects, set-up two new educational scholarships in addition to the two we currently have, hosted nine educational seminars, the 10th Annual Golf Tournament, the Harvest Festival, the first Duathlon event, and



*Sara Behn, Director  
Boone County Hospital Foundation*

more.

The Foundation Board and myself have been working diligently on a strategic plan that will help us continue to make things happen for our patients and visitors. At BCH we are making things happen. We hope you will join us on our quest.

## 2nd Annual Harvest Festival

**October 23, 5 p.m.  
Snus Hill Winery, Madrid**

Enjoy a social hour, silent and live auction, dinner and music.

For up-to-date event information, tickets or to view auction items, visit [www.boonehospital.com](http://www.boonehospital.com) and click on the Foundation, or call Sara Behn, 433-8470.

Harvest Festival Committee members pictured, left to right: Susan Berg, Dorothy Huffman, Lynn Johnson, Linda Bravard, Sue Snider, Sara Behn, Chris Branstad, Jeanine Grant, Connie Kruck. Not pictured: Amy Pollard, Beth Titman, Courtney Squibb, Holly Stecker, Kim Shelquist, Linda Bollenbaugh, Mike Scheuermann



# New Hospital-wide Communication System

Administration and staff at Boone County Hospital make patient safety and quality initiatives a priority. It is crucial each patient is taken care of efficiently and effectively. Any delays or misinformation regarding equipment, medication or care plans means patients, nurses and physicians are kept waiting and the quality of care deteriorates.



Recently, a hospital-wide communication system, also known as a wireless telephone system, was put into place at the hospital.

Thanks to contributions from the BCH Foundation, the BCH Volunteer Auxiliary, and the Leonard Good Trust, the hospital was able to purchase the new system. “It fell right in line with our mission of providing resources to the hospital for equipment, services or programs that would otherwise not be possible,” says Mike Scheuermann, BCH Foundation Board President.

The new ASCOM-DECT wireless telephone system is simple. There are 16 handsets with voice, alarm and messaging options. As staff come on duty, they clip the phone to

their uniform and it serves the same concept as a cell phone, however, it will only work within the hospital. Special “base stations” have been strategically placed within the hospital. It serves as a wireless handheld voice communication system between the staff and the patients in the hospital. Patients can call into the nurse’s device providing direct and individualized patient care.

This system also allows physicians and other hospital staff to contact nurses directly. “Before this system, we had to track nurses down in patient rooms if a doctor or the Pharmacy had a question,” says Denise Turner, Director of Inpatient Services. “This system is much more effective and truly streamlines our

patient care to yet another level of quality.”

Another positive impact the system has made for staff and patients alike is the reduction of noise in the patient care unit. Prior to the new system, the desk phone would ring with patient requests. Now those requests are routed directly to the patient’s nurse. Denise says she and the nursing staff are grateful for the phones.

Kim Smith, RN, also loves the new technology. She likes

to be able to get a hold of a CNA quickly. “The phones help with efficiency,” she says. “Now there are less steps to go through when a patient needs to get a hold of their nurse. It is also nice that other departments can get a hold of me directly when they need to ask me a question. I can care for patients at their bedside and not be running to the nurse’s station to take a call. It’s great!”

The hospital-wide communication system enables caregivers to be immediately accessible creating a safer, more efficient, high quality patient stay.

*Pictured, left to right: Denise Dykstra and Kim Smith with a patient*

## Boone County Hospital Foundation

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● Sara Behn

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● Bruce Anderson ● Laura Krieger ● Dave Mellett ● Joe Smith ● Dr. Scott Thiel

# New Scholarships for Medical Students

## IvaLou Wright Scholarship

IvaLou Wright was born on February 10, 1923, in Boone. She was one of two children born to Loren and Verna Smith. She had a brother, Bill, whom she adored. IvaLou married Dahrl Wright on August 29, 1948. They had 60 wonderful and busy years together before she passed away. In earlier years, she was a teller and bookkeeper at Boone State Bank.

IvaLou and Dahrl enjoyed traveling to Denver, New Orleans, and Mexico. She also enjoyed family trips to Minnesota to fish. IvaLou enjoyed watching Dahrl fish while she soaked up the sun. She loved to cook and was very good at it. They socialized frequently with family and friends for picnics and she would

spoil them with her excellent cooking. She was also a big fan of NASCAR racing and especially enjoyed watching Jeff Gordon, #24.

IvaLou and Dahrl were never blessed with children, but they had their beloved dogs—their first one was Judy, a beagle, followed by Amy and Jetta, Toy Fox Terriers. The dogs enjoyed sitting with IvaLou in the afternoon sun.

After her retirement from the bank, IvaLou didn't slow down. IvaLou's passion was quickly changed from work to volunteer life. She coordinated the Blood Drive in Boone for 25 years and was the chairperson for 18. She spent countless hours on the phone asking for blood donors. She was always very committed to the tasks she took on. IvaLou volunteered at

Boone County Hospital (BCH) for 18 years. She served as chairperson for the Surgery Hostess area, was one of the buyers for the gift shop and an Atrium hostess. She volunteered over 5,000 hours to BCH.

IvaLou's husband Dahrl set up the IvaLou Wright Scholarship in honor of his wife and her many years of volunteering at BCH. The scholarship is to benefit a student going into a medical profession who also demonstrates a similar passion and commitment as IvaLou had to her own life endeavors.



*IvaLou Wright*

## Sigrid and Sandy Puntteny Scholarship

The Sigrid and Sandy Puntteny Scholarship has been established in memory of Sigrid E. Puntteny and in honor of Sandra L. Puntteny.

Sigrid was a resident of Boone for 63 years, and the widow of A. Wallace Puntteny, M.D. She was a graduate of Kansas University, and a 50-plus year member of PEO where she was involved in the PEO scholarship activities. Her passion was always encouraging young people to further their education and improve their lives.

Sigrid believed education empowered an individual to be a self-sufficient and productive member of society. She was an active adult learner until a few months prior to her death in 2010 at the age of 92.



*Sigrid Puntteny*



*Sandy Puntteny*

Sandy is a Registered Nurse whose career spanned 43 years. She was a graduate of the Mercy School of Nursing in Des Moines, and Ottawa University of Shawnee Mission, Kansas. In June 2010, Sandy retired after nearly 18 years as the Assistant Administrator of Nursing at Boone County Hospital (BCH). During her tenure, she was actively involved in developing and supporting the tuition assistance program that

enabled several hospital employees to complete their nursing education. She also served on the selection committee for the Lila Carpenter Memorial Nursing Scholarship.

The new scholarship will honor the accomplishments of these two women by continuing to offer financial assistance to BCH employees, their minor dependent children, or seniors graduating from high schools in Boone County as they pursue basic or advanced education in a health-related field.

Preference will be given to applicants in financial need, those who have or are trying to overcome adversity, qualifying healthcare career adults, and graduating high school seniors who have been accepted into a health care program.

# Thank You to Our 2009 Donors

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## Duathlon 2010



*Pictured, left to right: Travis and Lauralee Baker; Jake, Julie and Tom Venner; Dan Austin (overall winner)*

The winners are...

### **Men's under 25**

- #1 Jake Venner, 1:06.15
- #2 Chandler Austin, 1:09.05
- #3 Austin Dahl, 1:14.00

### **Men's 26-49**

- #1 Dan Austin, 1:03.23
- #2 Eric Esser, 1:09.11
- #3 Nick Villotti, 1:09.53

### **Men's 50+**

- #1 Tom Venner, 1:16.32
- #2 Jim Pratt, 1:17.10
- #3 Dr. Scott Thiel, 1:19.39

### **Team's**

- #1 Team Mike, Jeremy & Koby Pritchard, 1:09.15
- #2 Team Wes & Jennifer Cottier & Brent Hauser, 1:10.19
- #3 Team Larry & Mary Ann Moklestad & Willy McAlphine, 1:17.30

### **Women's under 25**

- #1 Kim Topp, 1:17.43
- #2 Rylee Claman, 1:51.35

### **Women's 26-49**

- #1 Amie Topp, 1:20.33
- #2 Kelli Rose Brown, 1:27.17
- #3 Becky Pratt, 1:30.15

### **Women's 50+**

- #1 Deanna Anderson, 1:27.18
- #2 Tena Geis, 1:34.27