

## Speech Therapy

Evaluation and treatment of language, cognition, voice, articulation, fluency, and swallowing of children and adults with delays or disabilities are provided through speech therapy. Therapy helps each person work toward increased functioning and independence in their daily lives by providing therapeutic strategies that are specific to each person's needs. Our speech pathologist works with each individual and their family or caregiver to establish goals and develop a program to achieve maximum results.



Speech pathologists specialize in human communication, its normal development, its disorders and the prevention of future disorders.

## Our Facility and Our Hours

Physical, Occupational and Speech Therapy Services are available at Boone County Hospital. Outpatient Physical Therapy is offered Monday through Friday, 7:30 a.m. to 5 p.m. and on Saturdays from 8 a.m. to noon. Occupational Therapy Services are provided Monday through Friday, 7:30 a.m. to 2:30 p.m. Speech Therapy Services are available by appointment only.



### Physical Therapy (PT) Occupational Therapy (OT) Speech Therapy (ST)

Boone County Hospital  
1015 Union Street, Boone, Iowa  
(515) 432-7729 (PT)  
(515) 433-8686 (OT)  
(515) 433-8625 (ST)

[www.boonehospital.com](http://www.boonehospital.com)

# REHABILITATION SERVICES



**Rehab.**  
**Retrain.**  
**Regenerate.**  
**Right here.**



Boone, Iowa  
[www.boonehospital.com](http://www.boonehospital.com)

**B**oone County Hospital offers a broad range of rehabilitation services including occupational, physical and speech therapies. Our goal is to help each individual recuperate and rehabilitate so they can return to a comfortable lifestyle.



Some illnesses and/or injuries that may require rehab include, but are not limited to: injuries of the brain and spinal cord, amputation, arthritis, burns, cancer, cardiopulmonary conditions, chronic pain, degenerative joints, generalized weakness, neuromuscular diseases, neuropathy, orthopedic conditions, Parkinson's disease, post surgery, stroke, trauma, wound care, and sports and work-related injuries.

Boone County Hospital Rehabilitation Services includes:

- Back safety programs
- Educational and reinjury prevention
- Functional capacity evaluations
- Home care/nursing home visits
- Initial injury assessment and post injury treatment

- Inpatient/outpatient rehabilitation for home care and nursing homes
- Measuring work levels for return to work
- Ongoing reports, communication and recommendations to supervisors about employee's return to work
- Pre-employment assessment
- Work conditioning
- Worksite job analysis

### **Our Staff**

Our highly trained rehab staff have over 100 years of combined experience. They include licensed physical therapists, physical therapy assistants, occupational therapists, occupational therapy assistants and speech therapists.

### **Occupational Therapy**

Occupational therapy incorporates the therapeutic use of work, self-care and play activities to increase independent function, enhance development and prevent disability. The goal of



occupational therapy is to return each individual to maximum independence and improve their quality of life. Occupational therapy provides specialized training in the areas of exercise, fine motor tasks, self-care skills, and retraining for acute and chronic medical conditions to help patients return to their previous level of independence. Our occupational therapists and assistants will work closely with the patient, the patient's family and his/her physician to develop an individualized treatment plan that best suits the patient's need.

### **Physical Therapy**

Physical Therapy helps improve the patient's strength, balance, endurance and flexibility to achieve maximum possible independence. Physical therapists work with a wide range of diagnoses and injuries. Experienced therapists and assistants utilize the highest quality of equipment available for patient care. Treatments include: vestibular rehab, functional mobility training, therapeutic exercise, manual therapy, pain management, wound care, and education on daily living activities. Appropriate application of modalities, such as moist heat, ultrasound, electricity and whirlpool are utilized to decrease pain and are important in achieving the individual goals established by the patient/therapist/physician team.

